

Choco-Nut Spread

(yummy with fresh fruit dipped in or even on a sandwich!)

1 c. of any nut butter (peanut, almond, cashew, whatever)

2 TBSP (give or take) of chocolate powder (unsweetened) (highest quality, dark, with nothing else added)

¼ c. agave nectar

Mix all ingredients together and EAT!